FOREST THERAPY WALK ALONG THE BOHINJ LAKE



Meeting point: village Ribcev Laz

Duration: approx. 4h

Equipment needed: good sports or hiking shoes, comfortable sports clothes and jacket, umbrela (in case of light rain), water bottle.

Experience: We will meet with the group at the agreed location and walk along the Bohinj lake (approx. 45 min - 1h) to the location close to Bohinj lake where we will experience forest bathing and followed by a forest picnic. After the experience we will return on foot back to the starting point. The tour will be guided by a certified Forest Therapy Guide.

FOR MORE INFORMATION AND PRICE PLEASE SEND US AN EMAIL

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